

**Woodhaven
Administrative Team**

Manager - David Dixner
Executive Director - Greg Mahalick
Comptroller - Kellie Liscum
Activity Director - Laura Nail
Leasing Agent - Michele Champion
Housekeeping Supervisor - Sarah McCutcheon
Director Dietary Services - Rob Waskoviak
Clubhouse Event Coordinator - Benita Holifield

Resident Clubhouse
Hours of Operation
Monday - Friday
9:00 - 5:00

Closed 12-1pm for lunch
Saturday & Sunday
Open for special events only
*Hours of operation may vary depending
on scheduled events*

Clubhouse Closed:

New Year's Day	Thanksgiving
Easter Sunday	Thanksgiving-
Memorial Day	Day After
July 4th (noon)	Christmas Eve
Labor Day	Christmas Day



Woodhaven Senior Community

June 2024



Woodhaven Senior Community
P.O. Box 320067
Flint, MI 48532





Where's Frasier?

Find Frasier in this newsletter and get your name in a drawing for a chance to win 100 Woodhaven bucks! Drawings will take place at the Galas.

From the Director...



In June, true to tradition, the Mahalick men pack their bags and head north for a weekend of fishing. Each member of the party takes careful stock of their supplies and gear to ensure a chance at leaving with the camp's Championship Fish Trophy, awarded to the largest catch of the weekend (accompanied by 11 months of bragging rights until the next trip). The trip will be filled with great memories, tasty BBQ, campfires & exaggerated fishing stories of the "one that got away." Yes, fishing camp is a special time of year, but it is the honor of being part of a tradition that truly feeds my soul.



I often reflect on the tradition and what it means to me, how special my perspective is now and how that perspective will change as the years pass in life. That's the allure of a tradition, the motions remain the same, but the relativity is unique for each member.



I'll leave you with a quote from my grandfather; "Most men fish their entire life, and it is only at the end that they realize, it wasn't the fish they were after".

God Bless,
Greg Mahalick



Calling all Clubhome Residents!!

**Friday June 7th at 9am
Clubhouse**

Come meet new residents and chat with the regulars! We will provide the coffee and donuts, you bring the fun!



**FOUNTAIN VIEW
FELLOWSHIP
COFFEE**

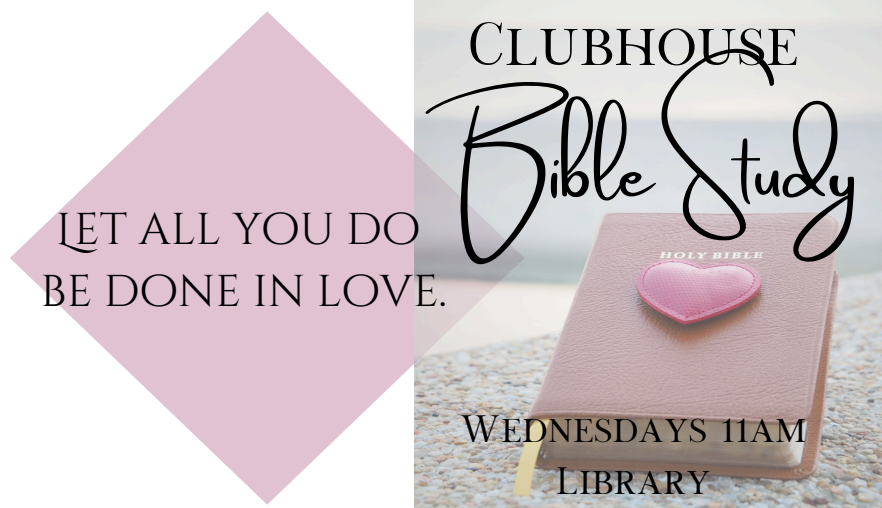
**SUNDAYS 10AM
AND
SUNDAY SERVICE
10:45 AM**



Meadows

**Sunday Service
10am**

**Fellowship Coffee
10:30am**



LET ALL YOU DO
BE DONE IN LOVE.

CLUBHOUSE

Bible Study

WEDNESDAYS 11AM
LIBRARY

Religious Services Schedule

St. Pius

3rd Wednesday
Fountain View 10:00 am
Meadows 10:30 am

United Methodist

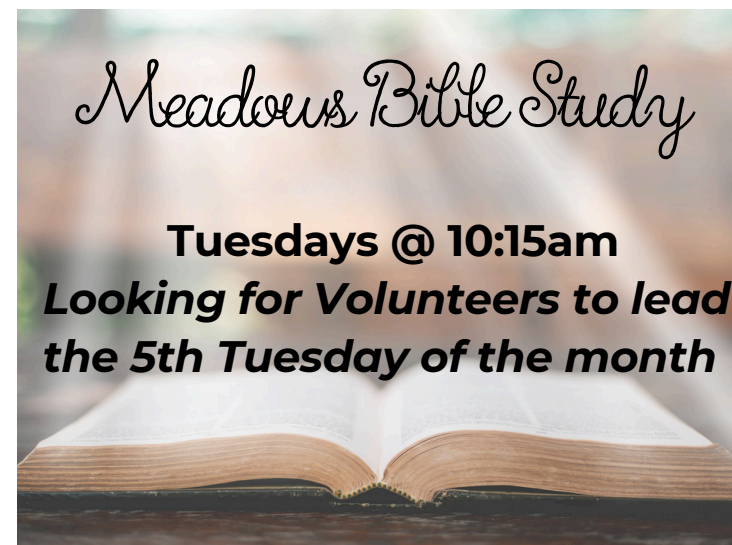
1st Monday, 3rd Thursday
Meadows 10:00 am

Sunday Services

Meadows 10:00 am
Fountain View 10:45 am

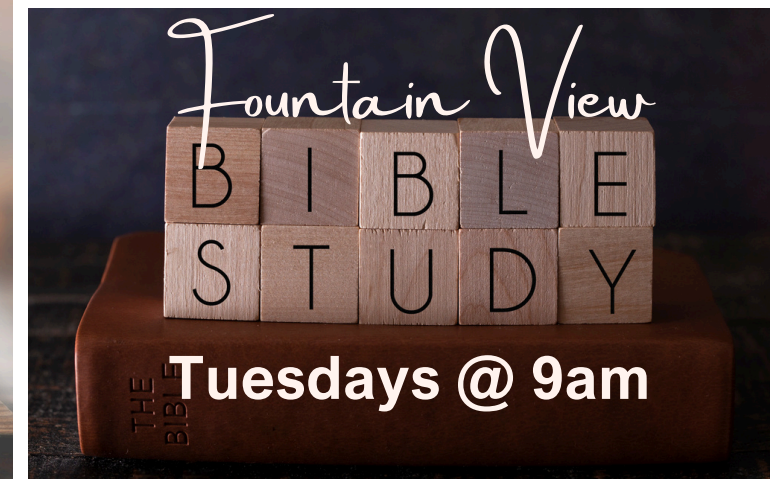
MAKE A NOTE OF IT.....

Thursday 6/13, please check with the desk when arriving at the clubhouse for activities. Due to a teacher's training taking place, some activities will be moved to a different area for the day.



Meadows Bible Study

**Tuesdays @ 10:15am
Looking for Volunteers to lead
the 5th Tuesday of the month**



Fountain View BIBLE STUDY

Tuesdays @ 9am

Meet, Greet and Chat with
Jan Worth-Nelson



Local Flint author of *Night Blind* and *That's My Moon Over Court Street*.

Tuesday, June 11th @ 2pm
Clubhouse

Jan is a long time Flint resident and spent 15 years writing for the East Village Magazine.

Calling all Meadows Residents!

Next to the mailboxes you will find a Suggestion box waiting for your suggestions, ideas, concerns and program requests. The Meadows Resident Council will review your suggestions and discuss them with management when appropriate. If you have meal suggestions please pass them on to management. What ideas do you have that need to be considered?

Birthday Celebrations

Meadows
Wednesday, June 5th
3pm

Fountain View
Monday, June 3rd
2pm

Clubhouse
Monday, June 24th
2pm



Welcome Summer Kickoff

Potluck!

June 21st
1pm

at the Pavillion

Bring your favorite Summer dish and let's celebrate!
Transportation available!

Meadows
Social Hour



Friday, June 7th
3pm



Dan Bryson
The Meadows
Wednesday, June 12th
10:30am



Craft Show

Wednesday, June 12th
12-3pm
at the Clubhouse

SINGSPIRATION



Sunday
June 2nd
7:30 pm
Meadows
Lobby

TOM SMELA

Meadows Lobby
Thursday, June 27th
2:00pm



BRING YOUR FAMILY OR FRIENDS AND CELEBRATE WITH SOME BBQ!

NO FLOWERS, NO TEA, AND NO FRILLS!

MONDAY JUNE 10TH 5PM @ THE CLUBHOUSE

GUESTS \$10, LIMIT 2, RSVP PLEASE

LUNCH OUTING

Wednesday, June 19th



Dom's Diner
3833 Corunna Rd, Flint



Meadows

Wythel Bacon 306
Bea Reed 305
Renate Bueche 410

Clubhomes

Michele Sulkowski 5173
Maryann Konrad 2125

Fountain View

Lynn Diefendorf 813

MEXICAN BUFFET & MARGARITAS!

Friday, June 28th

1:00-3:00pm

Clubhouse

\$5 Margaritas

\$12 Buffet



Stay for
Happy Hour &
Karaoke!



Fountain View Movies

Sundays @ 2pm

Meadows Movies

Tea Room

Tuesdays @ 6pm,
Wednesdays @ 2pm


DAN HAYS

Wednesday, June

12th 11:30

Fountain View

Music with



Matt Packer

Monday, June 10th
Meadows
10:30am

*Massage
with Jaimie*

Call Benita to
schedule your
appointment



\$35 for 30 minutes

CRAFTS

with Connie

Clubhouse

Friday, June 28th

2:30pm

Fountain View

Friday, June 7th

2pm

Meadows

Wednesday, June 5th

1:30pm



Nails

With Laura

Thursdays at 9:30am
Fountain View

Nails With Connie!

Mondays at 1pm
Meadows



SUMMER AUCTION!

Clubhouse

Monday, June 24th 11am

Fountain View

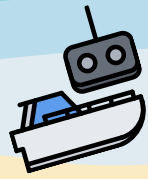
Wednesday, June 26th 1:30pm

Meadows

Wednesday, June 26th 3pm



Remote Control Boat Races on the pond are back!



Thursdays in June
3pm



weather permitting!



FRIDAYS
AT THE CLUBHOUSE
3:00PM



Thursdays at the
Clubhouse
3:00-4:30pm

NORMA'S NOSHES

Rainbow Pasta Salad

- 1 package (1lb) tricolor spiral pasta
- 2 medium carrots (shredded)
- 1 large onion (chopped)
- ½ tsp celery seed or 2 celery ribs chopped
- 1 med. Green pepper (chopped)
- 1 can (14 oz) sweetened condensed milk
- 1 cup vinegar
- 1 cup mayonnaise
- ¾ cup sugar
- 1 tsp salt
- ½ to 1 tsp pepper



Cook pasta according to directions. Rinse in cold water and drain; place in a large bowl. Add carrots, onion, green peppers, and celery seed. In another bowl combine remaining ingredients. Pour over pasta mixture; toss to coat. Cover and refrigerate 8 hours or overnight.

CardioDrumming

With Tobi

Tuesdays @ 10am
Fountain View

Tuesdays @ 11am
at the Clubhouse

OPEN MONDAYS
GYM 11AM

Strength Training & Exercise

With Connie

Monday, Wednesday,
& Friday

9:30 am
Meadows Dining Room

10:15am
Fountain View



CHAIR YOGA

WITH RHONDA

MONDAYS @ 1:15
CLUBHOUSE



Fitness with Rhonda

Thursdays
1:15pm
Clubhouse

Why Aquatics Class?

- *Improves muscular endurance and strength
- *Reduces joint pain
- *Improves cardio, strength, balance, and flexibility
- *Greater range of motion, which improves flexibility

Join Sarah Tuesdays @ 1:15pm

Yoga WITH SARAH

Wednesday, 10:30 @ The Clubhouse
Wednesday, 3:15 @ Fountain View
Thursday, 10:45 @ The Meadows





Happy Hour



Welcome

Let's meet our new neighbors, Jim and Jeanie Vanderpool! Jim came from Ohio and Jeanie is a Michigan girl. As in most cases, Jim spent four years in our country's service, spending most of his time in Southeast Asia, Japan, Korea and Siam (now Thailand) which was the most memorable place for him as when he was young boy, he read much about the people and the country of Siam and was fascinated. Imagine to his surprise when he was sent to Siam; He could not believe that he was actually walking the streets he had read about as a boy. After returning home, he met the love of his life. Jeanie was a beautiful and intelligent woman excelling in every class. Her dream was to complete her studies to obtain her degree - they decided to get married.



They built a beautiful home in Flushing and had two daughters (both of whom graduated with degrees.) About this time Jim felt that Jeanie needed her degree, so with Jim's help, Jeanie obtained the degree she had dreamed of. (Degrees seem to run in this family) In the meantime Jim was becoming fascinated with running and proceeded to do very well. He has run many races; his favorite was one the famous Disney races in which he ran in 2000. Jim and Jeanie have a new adventure they both enjoy and have become well known volunteers in the Flint area. They have worked with the Flint Symphony, FIM, as well as the Crim and many other local groups. These two delightful, busy people married for 65 years and are now both with us at Woodhaven. Let's welcome them with our famous big "Woodhaven" smiles! They will love it and so will we! -Bev Graham



STEPS TO SAFETY™
PREVENT FIRE & FALLS AT HOME

The NFPA Steps to Safety™ Prevent Fire and Falls at Home program pairs fire and EMS professionals with community partners to educate older adults about home fire and fall safety.

Thursday, June 27th

11am

Clubhouse



HAPPY Birthday



Norma Zuehlke is 101!

NOW SHOWING

Clubhouse 2:30pm

June 5th- The Peanut Butter Falcon

June 12th- Howard's End

June 19th- The Last Laugh

June 26th- 20th Century Woman



The Meadows
 "Mrs. Duckworth" is back!
 I wish she knew the joy she and her family bring to our Woodhaven family!

National Donut day!
Friday, June 7th
Check your building activity calendar for some delicious donuts!

Meadows
 Jean Biddulph 6th
 Charlie Ward 7th
 Rosalind Hamady 10th
 Shirley Wolfe 13th
 Kaye Redmond 21st

Fountain View
 Don DeGraaf 17th
 Norma Zuehlke 21st
 Gary Sisco 24th
 Syble Leyanna 29th

Clubhomes
 Barry Bailey 6th
 Carolyn Zorn 8th
 Bob Detman 9th
 Jimmye Maxwell 14th
 Marty Metcalf 17th
 Wilbert Pollard 18th
 Shirley Wallace 24th
 Jance Roberts 25th
 Frances Terrian 26th
 Diane Sanglier 27th
 Norma Lumsden 28th
 Tom Roberts 30th



AVOIDING SENIOR SCAMS

Ryan Tackabury from GDL returns to help our residents identify scams and fraud.

Tuesday, June 18th
1:30pm at the Clubhouse
Transportation is available

We highly recommend your attendance! It is essential to protect yourself and your assets. Given the increasing prevalence of artificial intelligence, scams are becoming significantly more sophisticated.



Woodhaven beauties!

Saturday Brown Bag Lunch is back! Pack a lunch and join other residents at the pavilion, Saturdays at noon for lunch. Weather permitting.

Book Share

Book share group takes a summer break, but keep on reading and sharing your opinions along the way. The June meeting will be our time to enjoy the presentation by local writer Jan Worth Nelson at the clubhouse on Tuesday, June 11 at 2:00. Jan will talk about her years as editor of the East Village Magazine and teaching writing at UM/Flint. Active in a broad range of cultural and civic issues, Jan gives an intimate look into our local scene, reminding us of our own experiences. Come to join in with your questions and memories. See you in the library next fall to share your summer reads. For help, questions and comments, it's Alta.

WOMENS DAY GALAS



CELEBRATING THE AMAZING WOMEN IN OUR LIVES!